

**Mondays:**

Wheels 4 All (Cycling) (16+)	10.00-11.00	County Ground Athletics Track	£3	SBC Ability Sports
Ability Gym (16+)	13.00-15.00	Link Centre	£2.50	SBC Ability Sports
Football (16+)	13.30-14.30	PlayFootball, Kembrey Park	£2	Special Olympics

**Tuesdays:**

Inclusive Swimming (16+)	10.15-11.00	Link Centre	£2.50	SBC Ability Sports
Ability Ice Skating (All ages)	11.30-12.15 (Term Time) 12.00-12.45 (School Holidays)	Link Centre	£2.50	Link Centre (GLL BETTER)
Inclusive Bounce (All ages)	13.00-15.00	Link Centre		
	09.00-10.00 (School Holidays)		£2.50	Link Centre (GLL BETTER)
Inclusive Athletics (8+)	16.45-17.45	Commonweal School (Oct-Mar)	FREE	Special Olympics
	16.30-17.30	County Ground Athletics Track (Mar-Oct)		

**Wednesdays:**

Ability Climbing (16+)	10.30-12.30	Cricklade Leisure Centre	£2.50	SBC Ability Sports
Tennis (16+)	13.00-14.00	Delta Tennis Centre	£1.70	SBC Ability Sports
Ability Gym (16+)	13.00-15.00	Link Centre	£2.50	SBC Ability Sports
Inclusive Tennis (8-18)	17.00-18.00 (Term time only)	Delta Tennis Centre	£4.20	Delta Tennis Centre (GLL BETTER)

**Thursdays:**

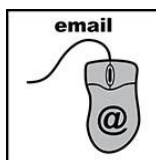
Inclusive Athletics (16+)	09:15-10:15	County Ground Athletics Track	FREE	Special Olympics
Ability Trampolining (16+)	12.15-14.00	Haydon Centre	£2.50	SBC Ability Sports
Wheels 4 All (Cycling) (16+)	13.00-14.00	County Ground Athletics Track	£3	SBC Ability Sports
Boccia (All ages)	16.30-17.30	Dorcan Recreation Complex	£2	Special Olympics
Swindon Champions (16+)	18.30-20.00	Dorcan Recreation Complex	£1.50	Swindon Champions

**Fridays:**

Inclusive Boxing (16+)	10.00-11.00	Scrappers Gym	FREE	Scrappers Gym
Cycle Drop In (16+)	10.00-12.00	County Ground Athletics Track	FREE	Ability Sports
Seated Exercise (16+)	13.00-14.00	Link Centre Studio 1	£2.50	Ability Sports
Wheelchair Basketball (12+)	16.30-19.00	Youth First Centre, Oakfield		Swindon Shock Wheelchair Basketball Club

**If you have any questions, here is how you can contact us:**

Email: [lbird@swindon.gov.uk](mailto:lbird@swindon.gov.uk) (Lewis Bird)



Tel: 07976 909660



Check us out on Facebook: Disability Sport in Swindon



Or our website: [www.disabilitysportswindon.co.uk](http://www.disabilitysportswindon.co.uk)

